## **Location & Dates**

In and around Melksham Forest Taster day December 9th Mondays 11am – 2.30pm January 13th - February 10th 2025



# Find out more

For more information and to apply, please contact Wiltshire Wildlife Trust's Wellbeing Team:

Call: 07702 802 961

Email: wellbeing@wiltshirewildlife.org

Visit: www.wiltshirewildlife.org/wild-figures



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# Wild Figures

Free sessions to improve number skills, wellbeing and connection to nature.



### Who is it for?

The programme is open to adults aged 19+ who have not achieved a Level 2 Maths qualification (GCSE Grade C/4 or equivalent) or who feel they are no longer working at this level.

- Gain confidence with numbers
- Improve mental and physical wellbeing
- Connect with nature and learn new skills
- Meet new people in a safe and supportive environment



- Free weekly group activities
- Free minibus pick up from Melksham Forest
- Free hot lunch cooked over the campfire, tea/coffee, fruit and biscuits (please bring drinking water)





# **Activities**

Activities will be hands-on, encouraging learning and practical maths out in nature, with tasks focused on your needs and goals. We'll count, measure, calculate, work things out AND it will be fun!

#### **Activities could include:**

- Building bird boxes, bat boxes, hedgehog homes
- Building benches and seats
- Planning and putting in tree guards to protect young trees
- Bird watching and wildflower walks
- Wildlife recording and monitoring
- Campfire cooking



